

HIMDENT[®]

F O U N D A T I O N

A H I M A L A Y A N O R G A N I Z A T I O N



ANNUAL REPORT

2021-2022

WWW.HIMDENTFOUNDATION.ORG

Message from the founder.

It is with immense pride and humility that I present the first-ever annual report of Himdent Foundation, a journey we embarked on in 2021 with a singular mission: to bring essential dental healthcare to marginalised populations in rural India. Registered as a Section 8 company under the Indian Companies Act 2013, the Foundation was born out of a deep commitment to improving access to dental care for those in greatest need.

Our pilot project took root in Uttarakhand, a region of breathtaking beauty but also challenging topography. Navigating the rugged terrain, with its scattered populations and limited infrastructure, has been both demanding and deeply rewarding. Despite these obstacles, we remained steadfast in our mission to deliver timely and effective dental care to remote communities.

At Himdent, we believe in the power of prevention. Through education and early intervention, we aim to stop oral health problems before they become debilitating. Our focus extends beyond treatment to raising awareness about preventable dental diseases—an essential step toward better health in rural India.

As an NGO, we recognise the critical role we play in closing the healthcare gap in underserved areas. Our experiences have provided invaluable insights into the unique challenges faced by rural communities, and we are committed to overcoming them.

While the journey ahead is long, we are confident that, with your continued support, Himdent Foundation will bring lasting change, ensuring dental healthcare is a right for all, regardless of location or background.

Thank you to everyone who has been part of this mission. Together, we are building a healthier, more equitable future for India.

Sincerely,
Dr. Aditya Vohra
Founder, Director
Himdent Foundation

Know The Founder



DR. ADITYA VOHRA, BDS, COI (MANIPAL),
FOUNDER, DIRECTOR, THE HIMDENT FOUNDATION.

A DEDICATED PUBLIC HEALTH DENTAL PROFESSIONAL WITH OVER 15 YEARS OF EXPERIENCE. HE PLAYED A PIVOTAL ROLE IN THE ROTARY FUNDED PROJECTS ACROSS DELHI NCR REGION FOR MORE THAN A DECADE.

AS HEAD OF THE DENTAL CLINIC AT THE RCDM COMMUNITY HOSPITAL IN DELHI AND CHIEF COORDINATOR OF THE ROTARY CLUB OF DELHI MIDTOWN'S DENTAL HEALTH OUTREACH PROGRAM (2011-2020), DR. VOHRA SPEARHEADED MORE THAN 600 DENTAL CAMPS, PROVIDING HIS SERVICES TO OVER 100,000 DOCUMENTED PATIENTS

IN 2021, DRIVEN BY HIS COMMITMENT TO SOCIAL IMPACT, DR. VOHRA FOUNDED THE HIMDENT FOUNDATION WITH A VISION TO BRING QUALITY DENTAL HEALTHCARE TO REMOTE AND UNDERSERVED COMMUNITIES.

HE CHOSE UTTARAKHAND FOR THE FOUNDATION'S PILOT PROJECT, RECOGNIZING THE UNIQUE CHALLENGES POSED BY ITS DIFFICULT TERRAIN AND LIMITED HEALTHCARE INFRASTRUCTURE.

HIS DECISION TO RELOCATE FROM DELHI TO DEHRADUN UNDERSCORES HIS UNWAVERING DEDICATION TO IMPROVING RURAL HEALTHCARE.

THROUGH THE HIMDENT FOUNDATION, DR. VOHRA CONTINUES TO EXPAND ACCESS TO ESSENTIAL DENTAL SERVICES, UPLIFTING COMMUNITIES IN SOME OF INDIA'S MOST NEGLECTED REGIONS.



Board Of Advisors



PADMA SHRI DR. R.K. BALI B.D.S., M.P.H. (USA)
EX-PRESIDENT OF THE DENTAL COUNCIL OF INDIA.

AS THE FOUNDER PRESIDENT OF THE INDIAN ASSOCIATION OF PUBLIC HEALTH DENTISTRY, HE HAS BEEN INSTRUMENTAL IN SHAPING THE FIELD.

HE HAS HELD PRESTIGIOUS POSITIONS SUCH AS HONORARY DENTAL SURGEON TO THE PRESIDENT OF INDIA AND AND HAS BEEN RECOGNISED WITH NUMEROUS AWARDS, INCLUDING THE DR. B. C. ROY NATIONAL AWARD.

HIS LEADERSHIP AND STRATEGIC VISION AS A BOARD MEMBER OF THE HIMDENT FOUNDATION ARE PIVOTAL IN ADVANCING THE ORGANISATION'S MISSION TO PROVIDE ACCESSIBLE DENTAL CARE AND PROMOTE PREVENTIVE HEALTHCARE IN UNDERSERVED COMMUNITIES.

MR. SUDHIR CHANDRA,



A POSTGRADUATE IN POLITICAL SCIENCE FROM THE UNIVERSITY OF ALLAHABAD AND AN M.SC. IN FISCAL STUDIES FROM THE UNIVERSITY OF BATH, U.K., BRINGS OVER THREE AND A HALF DECADES OF PUBLIC SERVICE EXPERIENCE.

HE HELD SENIOR POSITIONS WITHIN THE GOVERNMENT OF INDIA, CULMINATING IN HIS ROLE AS DIRECTOR GENERAL OF INCOME TAX (INVESTIGATION) IN TAMIL NADU.

BEYOND HIS PROFESSIONAL ACHIEVEMENTS, MR. CHANDRA IS DEEPLY COMMITTED TO PHILANTHROPY, CONTRIBUTING TO SOCIETAL WELL-BEING THROUGH CHARITABLE WORK.

AS A BOARD MEMBER OF THE HIMDENT FOUNDATION, HE PLAYS A CRUCIAL ROLE IN ADVANCING THE FOUNDATION'S PUBLIC HEALTH AND EDUCATION INITIATIVES.

DR. SUSHIL SINGH RANA



A DISTINGUISHED EDUCATOR AND A SOCIAL REFORMER WITH OVER TWO DECADES OF EXPERIENCE IN THE PUBLIC EDUCATION SECTOR. HOLDING ADVANCED DEGREES IN ECONOMICS, ENGLISH, EDUCATION (M.ED.), AND A PH.D.

DR. RANA HAS BEEN RECOGNISED WITH SEVERAL PRESTIGIOUS AWARDS, INCLUDING THE SAILESH NAITHANI EDUCATION AWARD (2016), UTTARAKHAND RATAN AWARD (2018), ZEE TRANSFORMATION AWARD (2020), AND TEACHER OF THE YEAR AWARD (2021) BY THE CHIEF MINISTER OF UTTARAKHAND.

AS A BOARD MEMBER OF THE HIMDENT FOUNDATION, DR. RANA'S DEEP EXPERTISE IN EDUCATION SERVES AS A VITAL LINK BETWEEN THE FOUNDATION AND THE PUBLIC EDUCATION SECTOR, ENHANCING THE FOUNDATION'S OUTREACH AND IMPACT IN SCHOOLS ACROSS RURAL AREAS.

DR. TANYA KUMAR , B.D.S. M.D.S.



A DEDICATED DENTAL HEALTH PROFESSIONAL. GRADUATED FROM KLE'S INSTITUTE OF DENTAL SCIENCES IN 1997 AND COMPLETED HER MASTER'S IN 2000. SHE FURTHER SPECIALISED IN ENDODONTICS, EARNING ANOTHER MASTER'S FROM EASTMAN DENTAL SCHOOL IN LONDON IN 2002.

AS A FULL-TIME PRIVATE PRACTITIONER, DR. KUMAR BRINGS HER EXTENSIVE EXPERTISE TO THE HIMDENT FOUNDATION. HER PASSION FOR PUBLIC HEALTH DENTISTRY DRIVES HER COMMITMENT TO IMPROVING ORAL HEALTH IN UNDERSERVED COMMUNITIES.

AS A BOARD MEMBER, SHE PLAYS A VITAL ROLE IN ADVANCING THE FOUNDATION'S MISSION OF PROVIDING ACCESSIBLE DENTAL CARE AND PROMOTING PREVENTIVE HEALTHCARE INITIATIVES.

Board of Advisors

MR. AMIT PUNJ



AN ACCOMPLISHED LAWYER BRINGS A UNIQUE BLEND OF PROFESSIONAL EXPERTISE AND DEEP-ROOTED COMMITMENT TO PHILANTHROPY.

A TRAINED MOUNTAINEER AND AVID TREKKER, HE HAS EXTENSIVELY EXPLORED THE INDIAN HIMALAYAS, FOSTERING A DEEP CONNECTION WITH RURAL COMMUNITIES. RAISED IN RURAL HARYANA, MR. PUNJ UNDERSTANDS THE CRITICAL HEALTHCARE CHALLENGES IN UNDERSERVED REGIONS.

HIS PASSION FOR UPLIFTING RURAL INDIA IS REFLECTED IN HIS PIVOTAL ROLE AT THE HIMDENT FOUNDATION, WHERE HE HELPS SPEARHEAD INITIATIVES TO BRING ESSENTIAL DENTAL HEALTHCARE TO REMOTE COMMUNITIES. THROUGH HIS WORK, MR. PUNJ ADVOCATES FOR THE TRANSFORMATIVE POWER OF PROFESSIONAL ENGAGEMENT IN PHILANTHROPY, STRIVING TO CREATE LASTING IMPACT IN HEALTHCARE ACCESS FOR THE MOST VULNERABLE.

MR AKSHAY KAUL



A DISTINGUISHED PROFESSIONAL IN COMMODITY TRADING, WITH NEARLY 20 YEARS OF EXPERIENCE ACROSS INDIA AND SINGAPORE.

IN ADDITION TO HIS EXTENSIVE EXPERTISE IN INTERNATIONAL BUSINESS, TRADING, AND TECHNOLOGY, AKSHAY HAS MADE SIGNIFICANT CONTRIBUTIONS TO PHILANTHROPY, ACTIVELY SUPPORTING NON-PROFIT INITIATIVES AIMED AT SOCIAL IMPACT. CURRENTLY SERVING AS THE GLOBAL HEAD OF A COMMODITY TRADING DESK.

HE IS EAGER TO LEVERAGE HIS STRATEGIC, OPERATIONAL, AND LEADERSHIP SKILLS TO FURTHER THE MISSION OF THE HIMDENT FOUNDATION. HIS DEEP COMMITMENT TO SUSTAINABLE DEVELOPMENT AND HIS EXPERTISE IN ORGANIZATIONAL MANAGEMENT WILL BE INVALUABLE ASSETS IN DRIVING THE FOUNDATION'S INITIATIVES TO ENHANCE HEALTHCARE ACCESS AND EDUCATION IN RURAL AREAS."

DR. SMITA VOHRA M.B.B.S. M.D.



A SKILLED MEDICAL PROFESSIONAL, EARNED HER MBBS FROM VMMC, SAFDARJUNG HOSPITAL, AND HER MD IN INTERNAL MEDICINE FROM PGIMER, DR. RML HOSPITAL, NEW DELHI.

WITH OVER A DECADE OF EXPERIENCE AT SOME OF INDIA'S LEADING MEDICAL INSTITUTIONS, DR. SMITA IS AWARE OF THE CRITICAL HEALTHCARE CHALLENGES FACED IN INDIA.

AS A BOARD MEMBER, HER EXPERTISE IN PUBLIC HEALTH HAS BEEN INSTRUMENTAL IN SHAPING IMPACTFUL OUTREACH STRATEGIES FOR THE HIMDENT FOUNDATION.

DR. SMITA STRONGLY ADVOCATES FOR MEDICAL PROFESSIONALS TO ENGAGE IN SOCIAL HEALTH INITIATIVES, EMPHASIZING THE URGENT NEED FOR DEDICATED HEALTHCARE EFFORTS IN UNDERSERVED REGIONS.

Dental Health Professionals



DR. TANYA KUMAR B.D.S. M.D.S.

DR. KUMAR, AN ACCOMPLISHED ENDODONTIST, GRADUATED FROM KLE'S INSTITUTE OF DENTAL SCIENCES IN 1997 AND EARNED HER MASTER'S FROM EASTMAN DENTAL SCHOOL, LONDON, IN 2002.

A PASSIONATE ADVOCATE FOR PUBLIC HEALTH DENTISTRY, SHE BRINGS HER EXPERTISE TO THE HIMDENT FOUNDATION, WHERE SHE ACTIVELY TREATS CHILDREN IN REMOTE VILLAGES.

AS A BOARD MEMBER, DR. KUMAR PLAYS A CRUCIAL ROLE IN ADVANCING THE FOUNDATION'S MISSION OF PROVIDING ACCESSIBLE DENTAL CARE AND PROMOTING PREVENTIVE HEALTH INITIATIVES IN UNDERSERVED COMMUNITIES.

DR. DEEPIKA VERMA, B.D.S.

A DEDICATED DENTAL PROFESSIONAL, HAS CULTIVATED AN IMPRESSIVE CAREER ACROSS ESTEEMED INSTITUTIONS LIKE SRI GANGARAM HOSPITAL, BARA HINDU RAO HOSPITAL, ARMY HOSPITAL DELHI CANTT AND BHIM RAO AMBEDKAR HOSPITAL.

HER EXTENSIVE EXPERIENCE IS MATCHED BY A DEEP PASSION FOR SERVING THE UNDERSERVED. THROUGH HER WORK WITH THE INDIAN DENTAL ASSOCIATION (IDA) AND VARIOUS NGOS, DR. VERMA HAS BEEN INSTRUMENTAL IN PROVIDING DENTAL CARE TO ECONOMICALLY WEAKER SECTIONS (EWS), MERGING HER CLINICAL EXPERTISE WITH A STRONG SENSE OF SOCIAL RESPONSIBILITY.

A KEY CONTRIBUTOR TO THE HIMDENT FOUNDATION, DR. VERMA EMPHASISES THE CRITICAL ROLE DENTAL PROFESSIONALS PLAY IN SOCIAL WORK. HER COMPASSIONATE APPROACH AND UNWAVERING PATIENCE MAKE HER AN EXEMPLARY FIGURE.



DR. ARIB DESHMUKH B.D.S. C.O.I.

A DYNAMIC DENTIST DEDICATED TO PROVIDING HIGH-QUALITY DENTAL CARE TO MARGINALIZED COMMUNITIES ACROSS INDIA.

HE GRADUATED FROM D.Y. PATIL UNIVERSITY AND HAS COMPLETED ADVANCED TRAINING IN AESTHETIC DENTISTRY FROM NEW YORK UNIVERSITY, ORAL IMPLANTOLOGY FROM MANIPAL COLLEGE OF DENTAL SCIENCES AND MICRO-DENTISTRY FROM MUMBAI.

HE IS ALSO A FELLOW IN SPORTS DENTISTRY, REFLECTING HIS BROAD EXPERTISE.

AS THE FOUNDER AND HEAD DENTIST AT CHLOROPHYLL DENTISTRY IN MUMBAI AND MAHAD, MAHARASHTRA, HE INTEGRATES MODERN DENTAL PRACTICES WITH A STRONG COMMITMENT TO SOCIAL HEALTH INITIATIVES.

DR. DESHMUKH ACTIVELY CONTRIBUTES TO DENTAL AID PROGRAMS THROUGH THE HIMDENT FOUNDATION, FOCUSING ON RURAL AREAS.

ADDITIONALLY, HE SHARES HIS KNOWLEDGE AND INSIGHTS THROUGH HIS PODCAST AND YOUTUBE CHANNEL, MADTHERAPY SESSIONS.



DR. DHIRAJ MUKHERJEE, BDS, PGC IN ORAL IMPLANTOLOGY (MANIPAL)

HAILING FROM BURDWAN, WEST BENGAL, DR MUKHERJEE IS A DEDICATED DENTAL SURGEON WITH OVER 12 YEARS OF PROFESSIONAL EXPERIENCE. HE PRACTICES AT CITY DENTAL CARE, BURDWAN, AND SERVES AS A CONSULTANT AT BURDWAN MUNICIPAL HOSPITAL.

HE HAS BEEN AN INVALUABLE CONTRIBUTOR TO THE HIMDENT FOUNDATION SINCE ITS INCEPTION.

HIS PASSION FOR SOCIAL WORK IS EVIDENT THROUGH HIS EXTENSIVE VOLUNTEER EFFORTS IN RURAL AREAS, WHERE HE EFFECTIVELY USES HIS SKILLS TO IMPROVE DENTAL HEALTH CARE.

DR. MUKHERJEE'S COMMITMENT TO SERVING UNDERSERVED COMMUNITIES ALIGNS PERFECTLY WITH THE FOUNDATION'S MISSION TO PROMOTE ORAL HEALTH IN RURAL INDIA.





Our

MISSION

TO BE A LEADING FORCE IN TRANSFORMING ORAL HEALTH IN INDIA, ADVOCATING FOR DENTAL EDUCATION, PREVENTION, AND TREATMENT, AND ENSURING THAT EVERY INDIVIDUAL HAS A HEALTHY SMILE.

VISION

TO EMPOWER INDIVIDUALS AND COMMUNITIES IN INDIA, PARTICULARLY THOSE IN THE HIMALAYAS, THROUGH ACCESSIBLE, AFFORDABLE, AND QUALITY DENTAL CARE, PROMOTING ORAL HEALTH AND OVERALL WELL-BEING.

VALUES

COMPASSION

WE TREAT EVERY CHILD WITH EMPATHY AND RESPECT.

QUALITY

WE ADHERE TO THE HIGHEST STANDARDS OF DENTAL PRACTICE TO DELIVER SAFE, EFFECTIVE, AND BENEFICIAL CARE.

ACCESSIBILITY

WE STRIVE TO ENSURE THAT DENTAL CARE IS AVAILABLE TO ALL, REGARDLESS OF THEIR SOCIOECONOMIC STATUS.

COLLABORATION

WE FOSTER PARTNERSHIPS WITH COMMUNITIES, SCHOOLS, AND HEALTHCARE PROVIDERS TO MAXIMIZE OUR IMPACT.

SUSTAINABILITY

WE PROMOTE PREVENTIVE DENTAL CARE AND LONG-TERM SOLUTIONS TO ADDRESS THE ORAL HEALTH NEEDS OF OUR BENEFICIARIES.



Dental Outreach

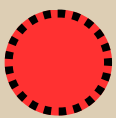
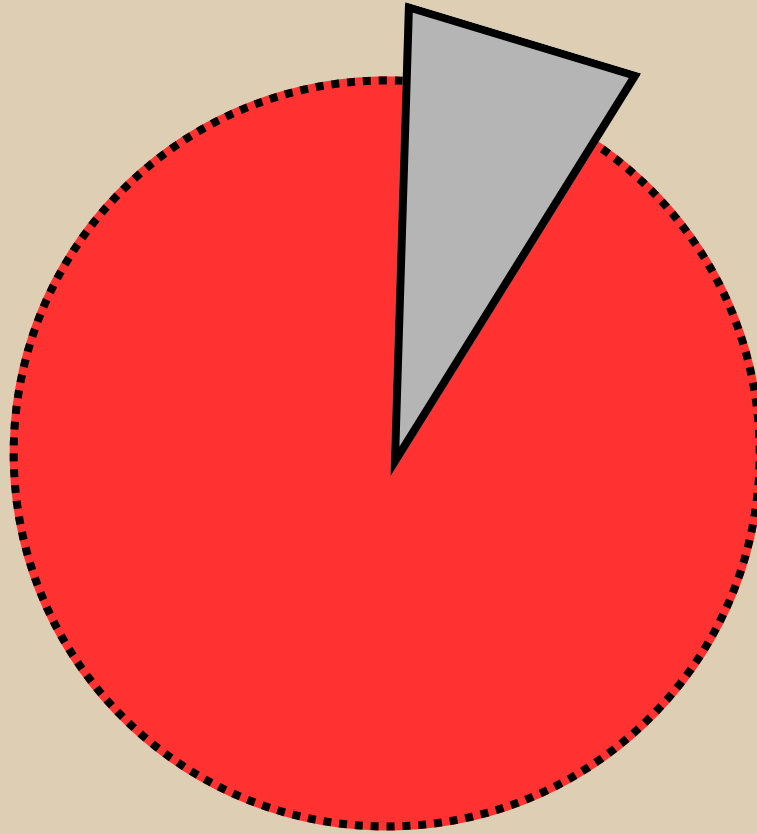


is the need of this hour.



Our Observations

(Rural Uttarakhand)



90 % decay rate which is extremely high since there is a very high chance that it would go **untreated**.



Approximately **10 %** of the individuals were free of any dental issue.

Our motto

Awareness is Key



(Our focus is to help people get dental health aware.)

Treatment is Bonus



(For all those who participate in our awareness drives, we offer safe and reliable preventive dental treatment.)

What we do ?

Step 1

Through our extensive oral health counselling, we help people get aware about dental health issues.



Step 2

We offer safe and reliable preventable dental treatment in an outreach model.



How we do it?



We use state of the art, portable dental equipment and set up fully operational dental clinics for our events.



Where we do it?

For the year 2021-22 our focus has been covering as much ground as possible, basically getting into the depth of the issue in rural Uttarakhand.

We are running our pilot project at village level in collaboration with the local governing bodies in some of the remotest regions of Garhwal, Uttarakhand.

In essence

- We are working with the authorities to help children studying in Govt. schools get access to preventive dental health education.
- We are developing a comprehensive roadmap aimed at improving dental healthcare access for people in rural areas where services are limited.



A remote school in district Dehradun



Prevention By Education.

2021-22: Impact Report

The year 2021 was marked by significant challenges as the second wave of the COVID-19 pandemic swept across India, disrupting healthcare services nationwide.

With stringent restrictions and safety protocols in place, delivering dental treatments in rural areas became increasingly difficult.

Despite these hurdles, the Himdent Foundation remained committed to its mission of providing essential dental healthcare to underserved communities in Uttarakhand.

- Total number of check-ups conducted: **640**
- Total number of individual treatments rendered: **750**
- Total number of villages covered: **61**
- Total number of schools engaged: **4**

Even in the face of the pandemic, Himdent Foundation successfully reached hundreds of individuals, offering critical dental services to some of the most remote and marginalized populations in the state. This year demonstrated the resilience of our team and the importance of continuing our efforts in providing accessible healthcare, no matter the circumstances.

Road Ahead



IN 2021, DESPITE THE CHALLENGES POSED BY THE SECOND WAVE OF COVID-19, HIMDENT FOUNDATION ACHIEVED A MAJOR MILESTONE WITH THE SUCCESSFUL LAUNCH OF OUR DENTAL HEALTH OUTREACH PROGRAM IN UTTARAKHAND, PROVIDING VITAL CARE TO NEEDY AND MARGINALISED POPULATIONS.

INITIALLY FOCUSED ON VILLAGES, OUR EFFORTS QUICKLY GAINED MOMENTUM, PARTICULARLY WITHIN THE SCHOOL ECOSYSTEM. THIS SUCCESS REVEALED A GREATER OPPORTUNITY TO SHAPE YOUNG MINDS AND EMPHASIZE THE IMPORTANCE OF PREVENTIVE DENTAL HEALTHCARE.

LOOKING AHEAD TO 2022-2023, OUR VISION IS CLEAR: TO EXPAND OUR REACH WITHIN SCHOOLS, PROMOTING EARLY INTERVENTION TO FOSTER LIFELONG HEALTHY HABITS. SCHOOLS OFFER A CRITICAL TOUCHPOINT FOR SHAPING ATTITUDES TOWARD ORAL HEALTH IN RURAL COMMUNITIES.

WE ARE COMMITTED TO STRENGTHENING LOCAL PARTNERSHIPS AND EMPOWERING COMMUNITIES, ENSURING SUSTAINABLE DENTAL CARE THAT ADDRESSES IMMEDIATE NEEDS WHILE EQUIPPING INDIVIDUALS WITH THE KNOWLEDGE TO MAINTAIN LONG-TERM ORAL HEALTH.

WITH INNOVATION, ACCESSIBILITY, AND COMMUNITY PARTICIPATION AT THE FOREFRONT, HIMDENT FOUNDATION IS POISED TO CREATE LASTING CHANGE. TOGETHER, WE CAN BUILD HEALTHIER FUTURES FOR RURAL INDIA.

ONE SMILE AT A TIME.